



Hello NW Volkssporters!

- 1. RD/DRD Vote.** Presidents, if your club hasn't voted yet, please poll your group and submit your vote quickly to Sam Korff so we can move forward recognizing the new NW leadership team.
- 2. Bloomsday 45.** The Spokane virtual Bloomsday event is available April 30 to May 9. Check out all the details on the event website at <https://www.bloomsdayrun.org/> and for the sanctioned AVA event at https://clubs.ava.org/gen3/data/event_details.asp?eventid=118818. The club has a physical startbox and also will work with you to do the event virtually on another AVA sanctioned trail.
- 3. Samish Island Walk.** The Four Plus Foolhardy club is offering a great walk on April 10th in the Bow, WA area. Visit the club website for details: <https://fourplushikers.weebly.com/samish-island.html> or check it out in their event sanction--116101.
- 4. Salute to Central OR.** Our largest regional event this year is hosted by the Columbia River Volkssport Club in Bend, OR on Sep 16-19 with 13 walks, 3 bikes and hopefully a swim. The sanction window has been expanded to allow more time to complete events, so put this on your calendar and join the fun! There will also be social events for participants in a fun, safe atmosphere.
- 5. Winter Challenge.** It's time to wrap up your winter challenge tracking sheets and get them to Ed Hainline. Good luck and thanks to all who have participated.
- 6. Quarterly reports.** Treasurers and walkbox hosts, it's that time again to tally up your numbers and submit your reports. There is a new addition to the report for Element 3 Health walkers, so hopefully a few clubs will have some numbers to report there.
- 7. Seasonals Start.** Many of our region's seasonal walks start 1 April, so walkbox hosts ensure you're ready. I know in many cases they will be online only, so walkers be aware and take advantage.
- 8. AVA Flags.** Sam Korff has three extra AVA flags for any clubs needing one or wanting an extra. Reach out to Sam at korff.sam@frontier.com.
- 9. AVA Staff Changes.** Most of you know by now that Samanta has moved on from AVA to new opportunities. She will be missed for sure. Filling in on her Element 3 Health duties will be Lesly Villanueva (Lesly@ava.org).
- 10. Convention Moving Forward.** I'm very excited about our decision to move forward with the convention in June and hope many from the region will join Louise and me in Wisconsin. They will have some exceptional walks; good, safe business meetings; some beneficial workshops and great social events. As always, monitor your club's standing to be eligible to vote on all business matters. Please consider contributing some silent auction items, as the money earned in the auction helps defray the convention cost.
- 11. National Walking Week.** April 1-7 is our annual opportunity to be recognized as the nation's premiere walking organization through visible daily events. Hopefully your club is planning some great walks. I encourage all Volkssporters to walk each day of NWW with a group, on a year round, or a favorite trail and be our ambassadors.

Happy Trails!

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