



REGIONAL AVA NEWS AND INFORMATION

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#3 October 4, 2021

Fall is here! Lots of fall finery on many of our walks for you to enjoy.

Thanks to Columbia River Volkssport Club for an amazing multi-day event in Bend Oregon. If you have not had a chance to do one of these multi-day events, make plans for one in the future. The “spirit” of walking with new friends is fun! Opportunities are listed later in this newsletter.

Great appreciation for all clubs and individuals that were able to participate in the “Big Give”. At the last report more than \$88,000 have been raised almost meeting our goal of \$90,000. You still have time to send donations until Oct 31st. <https://ava.charityproud.org/Donate/?cid=9232>

Action reminder to club officers:

- Please review your club data for your club. Many clubs have not updated their officers for the year. Clubs are on different election schedules, but each club should update after elections and anytime there is a change of officers or contact information. Take a minute to review your data. If there has been no change “verify” the data at the bottom of the screen.
- **All non-profits must have a president and a secretary.** If your club does not, please add someone as “acting”.
- Many clubs need to be completing their financial reports and IRS reports. The due date for those clubs on the fiscal year of July 1- June 30 must be complete by Nov 15th. I will be reminding clubs as the date approaches. Be certain to send/e-mail your signed financial report and IRS verification to marian@ava.org as she is the one that can mark your club as completed.
- Is your club in accordance with your club’s current bylaws and Standing Rules/Policy? Are these documents available to all members? During Covid-19 meeting disruptions has your club been doing e-vote for members for urgent items? Do your club documents support this? ESVA updated their documents in the past to allow for e-votes, etc. This may be a good time to review those items. Most clubs are required by club by-laws that they must do an in-person annual meeting.
- In clubs where the Officers (Executive Committee) have separate meetings and make club and financial decisions are the minutes being taken and sent to all members? (Required for non-profits)
- AVA informational links that club officers should be familiar with:
 - Club operations: https://cb.ava.org/Publications/Club_Operations_Guide_Web.pdf Out-dated but has some useful information.
 - AVA Policy: https://cb.ava.org/policymanual/POLICY_MANUAL_202008.pdf
 - Risk Management: <https://cb.ava.org/Publications/2021/Risk%20Management%20Guidelines.pdf>
Guidelines for basic first-aid and information to do with heat and cold when hosting events.

As we begin again with larger group walking we need to keep in mind that we are non-competitive and all are welcome to walk with us. Our non-profit mission statement states that. When your group has slower walkers that want to walk you might be able to get those walkers together that enjoy a different speed of walking. It’s tough to be the sweep sometimes but we need to find ways to include everyone. Looking forward to hearing from clubs who have managed to provide something for everyone. (Please note: Canadian Volkssport Walking is different than AVA walking due to different non-profit and Insurance rule)

I have attached the E3H data from 3rd quarter. Walkers are appearing at more club YR walks.

Emerald City Wanderers had an excellent article written on their Labor Day Weekend walk event by a Seattle Times reporter. I have included a copy of the article.

We have many upcoming multi-day events for you to enjoy in the NW Region:

- April 23-25, 2022, Wild and Woodsy in Lacey, WA.
https://www.capitolvolkssportclub.org/cvc_specialevents/wild&woodsy_wa_2022.html
- May 27-29, 2022, 2022 Canadian Volkssport Federation Convention in Penticton, BC, Canada
The Canadian Volkssport Federation's Festival Committee would like to announce that the registration for our Canadian Festival being held in Penticton, (in beautiful) British Columbia, on May 27, 28, 29, 2022 is now open. We are very much looking forward to seeing all our Canadian and American walking friends in Penticton BC. It has been way too long. We will have full buses of attendees coming from Edmonton, Alberta; Vancouver, British Columbia; and course Tater Tours will be attending also. We hope to see you here in Penticton and then again in Ashland, OR. I hope you will be our cheerleader to all the walking enthusiasts you know. Please use the link in this sentence for information regarding Penticton, British Columbia, the festival and for the [registration form](#) to save your spot.

June 16-19, 2022, Ashland, OR NW Regional Conference. Full information and registration here:
<https://www.walking4fun.org/nw-region-conf-2022.html>

Sept 30-Oct 2, 2022 Cascade Loop with stop in Winthrop WA. Planning for 3 days in Winthrop and route to get to and from along the Cascade Loop enjoying YR's along the way.

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