

# NW REGIONAL AVA NEWS AND INFORMATION

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#9 April 3, 2022

Hope everyone is getting some good walks in this “National Walking Week” and welcoming new walkers to your events. Thanks to all whether you are an organizer, volunteer or friendly walker that welcomes new ones.

Vancouver USA got a great Newspaper Article for their Vancouver Murals Walk on Walking Week Day 2. The article is attached.

As we move through the year many of our clubs are losing start points as businesses reshuffle their needs and closures. Please note that in Spokane:

1. Needed to find a new location for the Bloomsday 46 AVA registration materials. It will be moved to Perkins Restaurant and placed in the same box as the Gonzaga info.
2. Tom Sawyer Country Coffee will be closing soon so I am looking for a new location for the PSB. So for now it is only available through the OSB.

In Kirkland WA the LaQuinta Hotel has closed so the two Kirkland walks are only in OSB but if you contact the POC he will try to bring the Walk Box to your group. The club is searching for a new Walk Box Location.

As your YR’s have changes to them please revise the “Status” of the event on the AVA Sanction Page and notify Chase Davis for the NW Pathfinder. ([nwpathfinder@gmail.com](mailto:nwpathfinder@gmail.com))

Here is an example of how the status page looks when walkers search for events:

	<a href="#">View</a>		Rate: 1B	
<b>Ferndale, WA</b> <b>TEMPORARILY CLOSED - Ferndale experienced severe flood damage in many of the areas our walk passed through.</b>	<a href="#">View</a>	OSB PSB	5, 10km Rate: 1B	<a href="#">SHOW SP PROGRAMS</a>
<b>Forks, WA - Forks Revisited</b>	<a href="#">View</a>	OSB	6, 10km Rate: 1A	<a href="#">SHOW SP PROGRAMS</a>
<b>Friday Harbor (Anacortes), WA - Friday Harbor</b> Walk along country roads with fabulous water views. The walk finishes through downtown Friday Harbor. The 5 km stays in Friday Harbor business and residential districts.	<a href="#">View</a>	OSB PSB	5, 6, 11km Rate: 1A	<a href="#">SHOW SP PROGRAMS</a>
<b>Gardiner, WA - Miller Peninsula State Park</b>	<a href="#">View</a>	OSB PSB	5, 10km Rate: 2C	
<b>Gig Harbor, WA - Historic Waterfront</b>	<a href="#">View</a>	OSB PSB	5, 10km Rate: 2A	<a href="#">SHOW SP PROGRAMS</a>
<b>Hoquiam, WA - Town &amp; Waterfront</b>	<a href="#">View</a>	OSB	5, 10km Rate: 1B	<a href="#">SHOW SP PROGRAMS</a>
<b>Issaquah, WA - Historic Issaquah and around Town</b> Historic Issaquah walk explores this interesting town. Be sure to stop in at Boehms candy for a treat!	<a href="#">View</a>	OSB PSB	6, 10, 11km Rate: 1B	<a href="#">SHOW SP PROGRAMS</a>
<b>Issaquah, WA - Walking in the Highlands</b> <b>ALERT - Only one person enter the lobby and bring the box outside. No restrooms available due to Covid</b>  Who knew this awesome community in the Issaquah Highlands existed! Explore the trails and views in this community on the hill.	<a href="#">View</a>	OSB PSB	6, 10km Rate: 2B	<a href="#">SHOW SP PROGRAMS</a>
<b>Kalama, WA - Waterfront Park</b> <b>START POINT MOVED - As of 3/13/2022 the start point is permanently moved to the Red Lion Hotel in Kelso. OSB also available.</b>  See giant totem poles, ocean-going vessels passing on the Columbia River as you walk along the shores and search for sea lions and seals swimming by.	<a href="#">View</a>	OSB PSB	5, 10km Rate: 1A	

Currently many of the AVA Policies are being updated to simplify navigation through them. Hector has created a linked file for our team. Currently it is challenging to navigate the connections in the “legacy” system so I will be happy to send the link to any club in need of the current documents.

Attached here are some of the revisions that will be placed in the “WA State YR Review Process” and also in the revised Trailmaster Guide. The first one is a sequential guide to developing your walk directions and the second is a simple check list for the club to use when they review the route before it is used by walkers. There is nothing new here, just a simple form of what is in the Trail Master Guide. All clubs should have been using these standards.

## **GETTING “ON THE ROAD AGAIN”!**

Time is getting close to get pre-registered for these upcoming multi-day events. Register now! A great opportunity to meet walkers from our NW Region and other states.

April 22-24, 2022, Wild and Woodsy, Lacey WA

[https://www.capitolvolkssportclub.org/cvc\\_specialevents/wild&woody wa 2022.html](https://www.capitolvolkssportclub.org/cvc_specialevents/wild&woody wa 2022.html)

May 27-29, 2022, Canadian Volkssport Federation Conv and Walks – Penticton, BC

<http://walks.ca/cvf-fcv-2022-festival/>

June 16-19, 2022, NW Regional Conference, Ashland, OR

<https://www.walking4fun.org/nwrc-events.html>

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