

# NW REGIONAL AVA NEWS AND INFORMATION

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As I traveled to Penticton, BC Canada I was excited to see so many volkssporters from our NW Region and so many others from across the USA. Our Canadian hosts organized an awesome walking festival for us to enjoy. Wonderful to see so many of our Canadian walking friends and of course making some new ones to see and walk with next time.

**For the NW Regional Conference coming in June, OTSVA (host state organization) has requested clubs to bring their feather banners for display. Don Reed, Albany Fitness Walkers Club. Is building stands for them all. Also, OTSVA is asking clubs or individuals to bring items for the Silent Auction.**

At the May AVA Board Meeting we heard a presentation from the AVA-America's Committee, chaired by Bob Morrison. There is no cost to join and being members will encourage more communication and shared walking events with our Canadian and Australian counterparts. The Board unanimously approved the motion. At the CVF Event this past weekend, Bob Morrison accepted the offer to be Vice President of the IVV-Americas.

The celebration photograph shows (from left to right) [Brenda Dudfield](#), Secretary of IVV-A; Beverley Cattrall, CVF Past President and CVF delegate to IVV-Americas; Bob Morrison, newly appointed Vice President to the IVV-A for AVA; Nancy Wittenberg, AVA board chair; David Hall, president CVF; and, Cecilia Miner, AVA board secretary.

There will be more details on the IVV-A on the AVA's online June webinar on Wednesday, June 15. [#WalkUSA](#) [#WalkCanada](#) [#WalkNorthAmerica](#) [#WalkIVVAmericas](#)



For clubs:

Recently several clubs in WA have received SPAM from what appears to be the WA Corporations Non-Profit office. This form to fill out requests that \$200. Must be paid. This is not true. In WA State the annual cost for your corporation non-profit renewal is now \$20. A new form is online with the state and requires you to mail it in with your check. If you have any questions, please contact me.

Sad news from Arizona:



Longtime NW Volkssporter and seller of Socks and T-shirts, Liz Rose (Mitchell), passed away this week in hospice in Arizona where she had relocated to a few years ago. She passed due to Brain Cancer.

## **Getting “on the road again”!**

Time is getting close to get pre-registered for these upcoming multi-day events. Register now! A great opportunity to meet walkers from our NW Region and other states.

June 16-19, 2022, NW Regional Conference, Ashland, OR

<https://www.walking4fun.org/nwrc-events.html>

August 19-21, 2022, NW Hiking Weekend, Port Ludlow and area, WA

<https://fourplushikers.weebly.com/nw-hiking-weekend.html>

Sept 29-Oct 2, 2022, Walk the Cascade Loop to Winthrop, WA

<http://www.interlakentrailblazers.org/winthropcascade-loop-2022.html>

See you in Ashland OR as our regional clubs join together for walking!  
It's been 4 years since the last one!

Sharon Moats (NWRD)

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