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| **WA County** | **Cities/Walks** |
| Adams | Ritzville |
| Asotin | Clarkston |
| Benton | Kennewick, Prosser, Richland |
| Chelan | Cashmere, Chelan,  East Wenatchee, Leavenworth, Stevens Pass, Wenatchee |
| Clallam | Forks, Port Angeles, Sequim |
| Clark | Battle Ground, Camas, Vancouver, Washougal |
| Columbia | Dayton |
| Cowlitz | Kalama, Kelso, Longview |
| Douglas | East Wenatchee,  Grand Coulee (one specific walk) |
| Ferry | Republic |
| Franklin | Pasco |
| Garfield | Pomeroy |
| Grant | Grand Coulee, Moses Lake, Quincy |
| Grays Harbor | Aberdeen, Hoquiam, Montesano, Ocean Shores |
| Island | Anacortes, Coupeville, Deception Pass, Oak Harbor |
| Jefferson | Gardiner, Port Ludlow,  Port Townsend |
| King | Auburn, Bellevue, Bothell, Burien, Des Moines, Enumclaw, Federal Way, Issaquah, Kent, Kirkland, Maple Valley, Mercer Island, Newcastle, North Bend, Redmond, Renton, SeaTac, Seattle, Shoreline, Snoqualmie, Stevens Pass, Tukwila, Woodinville |
| Kitsap | Bremerton, Port Gamble,  Port Orchard, Poulsbo, Silverdale |
|  |  |
| **WA County** | **Cities/Walks** |
| Kittitas | Cle Elum, Ellensburg, Roslyn, Snoqualmie Pass,  South Cle Elum, Vantage |
| Klickitat | Lyle |
| Lewis | Centralia, Chehalis,  Mount Rainier National Park, Winlock |
| Lincoln | Odessa |
| Mason | Shelton |
| Okanogan | Grand Coulee (lower 5K only) |
| Pacific | Long Beach, Raymond |
| Pend Oreille | Newport |
| Pierce | Buckley, DuPont, Eatonville, Gig Harbor, Orting, Puyallup, South Prairie, Spanaway, Steilacoom, Sumner, Tacoma, University Place |
| San Juan | None available in 2023 |
| Skagit | Burlington, Mount Vernon |
| Skamania | Stevenson |
| Snohomish | Edmonds, Everett, Lynnwood, Mill Creek, Monroe, Snohomish, Sultan, Wallace Falls |
| Spokane | Cheney, Spokane |
| Stevens | Chewelah |
| Thurston | Lacey, Olympia, Tenino, Tumwater, Yelm |
| Wahkiakum | Cathlamet |
| Walla Walla | Walla Walla |
| Whatcom | Bellingham, Birch Bay, Blaine, Ferndale, Lynden, Nehalem |
| Whitman | Colfax, Pullman |
| Yakima | Chinook Pass, Selah, White Pass, Yakima, Zillah |