



NW Regional AVA News and Information for Alaska, Idaho, Oregon, & Washington

SANDI SEVERTSEN (RD) and PAT JEWETT (DRD)

#5 NW Regional News 10/7/2025

Hello Northwest Walkers!

Pat and I have been enjoying visiting with clubs during this last month! Thanks to Interlaken Trailblazers and Sun Striders for an amazing weekend of walks in Leavenworth and Lake Wenatchee, enjoying walkers from all over, as far away as Maryland! We dodged the smoke and rain to enjoy the fall weather and colorful leaves, great homemade lunches, fun social events, and good talks/walks! Keep your eyes on the Future Events List for upcoming weekend walks!

Non-renewals: There are a few walks that will not be renewed for the 2026 year, so if you'd like to walk them one last time, this is your chance:

Year Round Walks ending 12/31/2025:

- Kent, WA - Park to Park Y3269
- Auburn, WA - Downtown Y1808
- Burien, WA - Stroll the old and new Y1861
- Spokane, WA - Browne's Addition Walk Y3555
- Gardiner, WA - Miller Peninsula State Park Y2185
- Springfield, OR - Murals, Historic Houses, & Nature Y2355
- Turner, OR - Historic Turner Y3222

Advertising for new 2026 walks: If your club has new walks for 2026, please send me the city, state, name of YRE, and number. I am happy to highlight these NEW walks in the next newsletter. Send info to avanwregionaldirector@gmail.com, attention Sandi.

Annual Financial Reports/990's/Officers updates: The AVA database shows a number of clubs and state associations with their Financial Report due on 11/15/2025. Clubs also need to update their officers (see my.ava.org, tab for club home, click on "view club info and stats), and submit their 990 report. Please review your club's filings to ensure they're complete and check with Marian at AVA to confirm she has received your reports.

Meet-ups: If you belong to a meetup and you plan on attending a walk advertised, please take a moment to respond with "I'm going". This helps the clubs to print up enough directions and stickers needed. It also helps the host club know if the walk will be well attended and worth the effort to have it.

Just in case you didn't know:

So many Anacronyms for AVA (American Volkssport Association.). I thought I'd make a list of most used amongst walkers/clubs. Here goes:

ESVA - Evergreen State Volkssport Association - 16 clubs in Washington, Alaska, Idaho.

OTSVA - Oregon Trails State Volkssport Association- 9 clubs in the State of Oregon

OSB - On-line start box. Walks that are listed on line by state/city. Pay and print. my.ava.org

PSB - Physical start box. Walks that start in physical locations where maps/directions are.

TGW - Traveling Guided Walks. Clubs will specify a day and limited time for a group walk.

Good news:

- For traditional walks, you can easily find them with this link, and then click on "update":

<https://my.ava.org/regional-te-list.php?time=month&rsl=NW>

Weekend Traditional Events coming up for October/November:

10/11/2025 - [Crabfest in Port Angeles, WA](#) sponsored by Olympic Peninsula Explorers:

10/16/2025 - 10/19/2025 [Shady Cove, Oregon](#), sponsored by Columbia River Volkssport

10/25/2025 - **Remlinger Farms Halloween Walk in Carnation, WA.** Emerald City Wanderers are hosting their traditional Halloween walk at Remlinger Farms. Those who come to the walk in costume will be eligible for prize drawing! Start Location: Remlinger Farms, 32610 NE 32nd Street, Carnation WA. Start Table Open: 9:00 am—Noon. Finish By: 3:00 pm. Distances Offered: 6k/10k (1B).

10/25/2025 - **Halloween Walk in Yachats, Oregon** with Albany Fitwalkers. A favorite coast town with walks along some board walks and along the edge of the ocean. **Start Location:** Lion Clubs at 344 4th Street Yachats OR. **Start Table Open:** 9:00am-1:00pm. **Distances Offered:** 5k/10k (1A)

11/29/2025 - **Turkey Trot in Edmonds, WA.** The Sound Steppers are hosting a walk the Saturday after Thanksgiving. One 5K routes on paved sidewalks/streets that start from United Methodist Church, and a 10K through Yost Park and Woodway. Enjoy this wonderful town on the coast. Lots of places to shop and eat. **Start Location:** Edmonds United Methodist Church, 828 Caspers St. Edmonds WA. **Start Table Open:** 9:00 am—10:30 am. **Distances Offered:** 5k/10k (1A).

Until next time, see you on the trail!

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